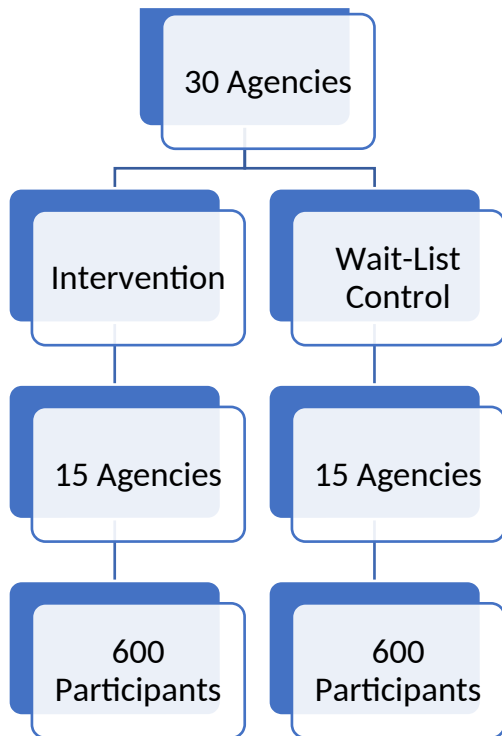
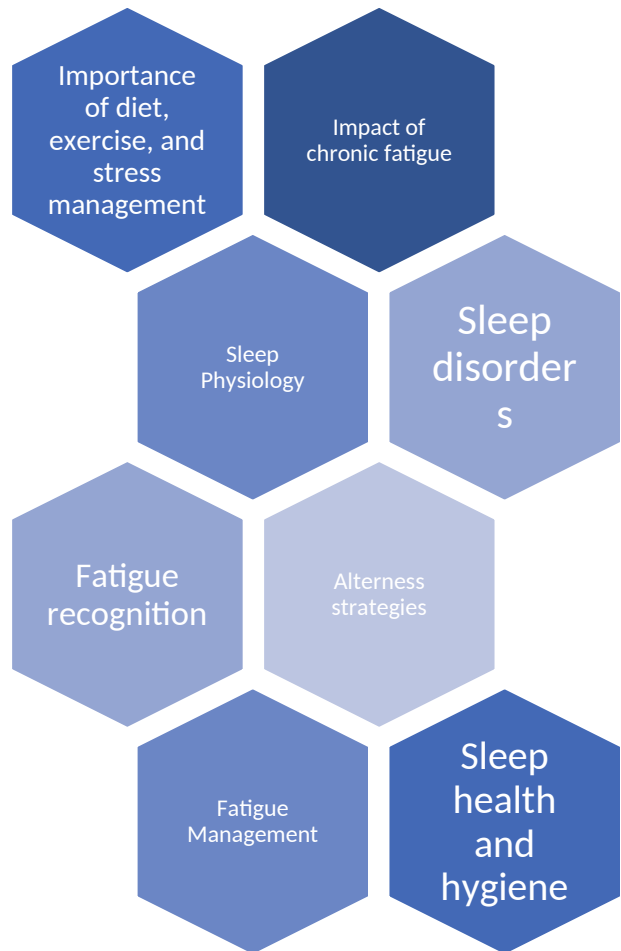


Appendix B  
Graphical Summary of Study and Method

**Case Cross-Over Design**



**Sample of Education Modules**



Text-message queries run 7-days every 3 weeks

