

## **ATTACHMENT 2: *State Support for Transition Inventory (SSTI)***

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## ATTACHMENT 2: *State Support for Transition Inventory (SSTI)*

### Welcome to the SSTI [INSERT GRANTEE/STATE NAME/LOCAL LAB/PROJECT NAME]

The *State Supports for Transition Inventory (SSTI)* assesses the extent to which the state system has developed the capacity to provide comprehensive transition support for young people with serious mental health conditions.

You are being asked to complete the SSTI because you have knowledge about how the state advocates and leaders are working together to support transition aged youth.

Findings from the SSTI survey will be shared with state leaders and can be used to help identify goals and develop plans for improving transition services.

The SSTI typically takes between 15 - 20 minutes to complete.

SSTI responses are confidential. No one involved with [INSERT LOCAL LAB/PROJECT NAME] will be told how you answered the questions.

Thank you for agreeing to complete the SSTI.

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The SSTI has 27 items. Each item has one "anchor" statement that describes what **fully developed support** in your state would look like relevant to that item, and another anchor statement that describes what the **least developed support**, or **a state at the beginning of its development** might look.

For *each* item, you should consider the conditions in your state relevant to that item. Next, you should select a rating on the five-point scale that is provided.

\* On this scale, **a score of 4 is the highest** and indicates that your state resembles the description of the **fully developed support** for that item.

\* On the other end of the scale, **a score of 0 is the lowest** and would indicate that your state resembles the description of the **least developed support** for that item.

\* Often, your state will not resemble either extreme of the scale. In this case, you should choose a score elsewhere on the 4-to-0 scale that best approximates where you feel your state lies.

**It is completely OK if you don't know the answer to some—even many—of the items.** If you do not feel adequately informed or knowledgeable to answer an item, choose "DK" for "Don't Know".

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### How to stop the survey and finish it later

If you don't have enough time to complete the survey in one sitting, you may leave the survey and then resume it later.

As you click on the "next" button in the survey, the survey page saves. When you want to leave the survey, close your browser window. When you are ready to access the survey again, just click on the link you received

in the original invitation e-mail. The link remembers where respondents left off based on the last completed page.

Click "**Next**" to proceed to the SSTI Survey.

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**A. In terms of your ethnic or racial background, which of these best describes you?**

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- African American
- Latino/Hispanic
- Native American/American Indian
- Caucasian/European American
- Other (please specify)

**B. Select the category that best describes your current primary role related to local Healthy Transition Initiative project. (Choose one answer.)**

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- Administrator or staff of state office of child or adult mental health
- Leaders or staff of other state divisions such as child welfare, juvenile justice, vocational rehabilitation, etc.
- Other roles

*If you are unable to make a rating, please click "Don't know." There is space for comments at the end of this survey.*

**THEME 1—Partnerships:** Collective awareness of and responsibility for the service needs of youth and young adults (Y&YA) with serious mental health conditions have been built across key state agencies.

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**Item 1.A Awareness and Partnering**

	Fully developed system			Least developed system		
	Leaders of state agencies that provide services to Y&YA are aware of their needs and preferences.			Leaders of state agencies that provide services to Y&YA are not aware of their needs and preferences.		
	4 - Fully developed	3 - Almost there	2 - Midway	1 - Beginning	0 - Least developed	Don't know
Item 1.A Awareness and Partnering	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**Item 1.B Forum for Collaborative Work**

Fully developed system	Least developed system
State-level representatives from relevant public agencies have a forum for joint planning and problem solving regarding services for Y&YA.	State-level representatives from relevant public agencies do not have a regular opportunity to meet for planning and problem solving regarding services for Y&YA.

	4 - Fully developed	3 - Almost there	2 - Midway	1 - Beginning	0 - Least developed	Don't know
Item 1.B Forum for Collaborative Work	●	●	●	●	●	●

**Item 1.C Influential Youth and Young Adult Voice**

Fully developed system	Least developed system
Y&YA with lived experience in the mental health system take active roles in the state-level forum.	Y&YA are not invited to participate in state-level discussions about the needs and preferences of young people, or they are "token" members who have no influence.

	4 - Fully developed	3 - Almost there	2 - Midway	1 - Beginning	0 - Least developed	Don't know
Item 1.C Influential Youth and Young Adult Voice	●	●	●	●	●	●

**Item 1.D Influential Family and Adult Ally Voice**

Fully developed system	Least developed system
Families and other adult "allies" of young people with systems experience are influential members of the state level forum and they participate actively in discussions and decisions.	Families and other adult "allies" are not invited to participate in state-level discussions about the needs of young people, or they are "token" members.

	4 - Fully developed	3 - Almost there	2 - Midway	1 - Beginning	0 - Least developed	Don't know
Item 1.D Influential						



If you are unable to make a rating, please click "Don't know." There is space for comments at the end of this survey.

**THEME 2—Collaborative Action:** State-level leaders take steps to translate the transition project’s mission and values into concrete policies and practices.

**Item 2.A State Policy and Funding Support**

Fully developed system	Least developed system
Leaders of state agencies identify and initiate policy, practice and funding changes that are needed to support effective systems of transition services in local communities around the state.	Leaders of state agencies and their staff have not taken concrete action (e.g. changed policies, created effective fiscal strategies) that would support the development of transition systems in local communities around the state.

	4 - Fully developed	3 - Almost there	2 - Midway	1 - Beginning	0 - Least developed	Don't know
Item 2.A State Policy and Funding Support	●	●	●	●	●	●

**Item 2.B Local Partnering**

Fully developed system	Least developed system
State agencies maintain active and productive partnerships with transition project(s) in local communities and are open to their recommendations.	Leaders of state agencies rarely recognize needs and problems with transition projects(s) in local communities or ask for their recommendations.

	4 - Fully developed	3 - Almost there	2 - Midway	1 - Beginning	0 - Least developed	Don't know
Item 2.B Local Partnering	●	●	●	●	●	●

**Item 2.C State Mental Health Collaboration (Child and Adult)**

Fully developed system	Least developed system
State-level staff responsible for child and adult mental health services work together to integrate their efforts to improve services and outcomes for Y&YA.	Though there may be a stated commitment to the needs of Y&YA, the child and adult mental health systems have NOT taken tangible steps toward integrating services or monitoring activities.

	4 - Fully developed	3 - Almost there	2 - Midway	1 - Beginning	0 - Least developed	Don't know
Item 2.C State Mental Health Collaboration (Child and Adult)	●	●	●	●	●	●

*If you are unable to make a rating, please click "Don't know." There is space for comments at the*

end of this survey.

**Theme 3—Workforce.** The state actively plans for the development of a skilled workforce and supports employment practices that allow local staff to work in a manner that is engaging and developmentally appropriate for Y&YA.

**Item 3.A Workforce Planning**

Fully developed system	Least developed system
State leaders are informed about workforce issues related to services for Y&YA and actively support the development of high quality training for staff and supervisors.	There is no systematic way to communicate information about workforce needs to state leaders. State leaders are not involved in either development or monitoring of training activities.

	4 - Fully developed	3 - Almost there	2 - Midway	1 - Beginning	0 - Least developed	Don't know
Item 3.A Workforce Planning	●	●	●	●	●	●

**Item 3.B Coordinated Training**

Fully developed system	Least developed system
There is a coordinated statewide effort to ensure that staff across all relevant agencies are trained in skills for engaging Y&YA and for working with them in a developmentally appropriate way.	There is no state-level effort to ensure that staff from all relevant agencies are trained in specific skills for working with Y&YA.

	4 - Fully developed	3 - Almost there	2 - Midway	1 - Beginning	0 - Least developed	Don't know
Item 3.B Coordinated Training	●	●	●	●	●	●

**Item 3.C Mental Health Training**

Fully developed system	Least developed system
There is a coordinated statewide effort to ensure that staff from both adult and child mental health settings are trained to engage with Y&YA in a developmentally appropriate way.	There is no state-level effort to ensure that staff from both child and adult mental health settings are trained in specific skills for working with Y&YA

	4 - Fully developed	3 - Almost there	2 - Midway	1 - Beginning	0 - Least developed	Don't know
Item 3.C Mental Health Training	●	●	●	●	●	●

*If you are unable to make a rating, please click "Don't know." There is space for comments at the end of this*

survey.

**THEME 4—Fiscal Policies and Sustainability:** The State has developed fiscal strategies to support and sustain services for Y&YA and has implemented procedures for collecting and using data on expenditures.

**Item 4.A Removing Fiscal Barriers**

Fully developed system	Least developed system
State leaders have a process for identifying and changing fiscal policies that impede delivery of services to Y&YA in the local community.	State leaders are not aware of which fiscal policies act as barriers to the implementation of services for Y&YA, or they have not taken concrete steps to change these policies.

	4 - Fully developed	3 - Almost there	2 - Midway	1 - Beginning	0 - Least developed	Don't know
Item 4.A Removing Fiscal Barriers	●	●	●	●	●	●

**Item 4.B Child and Adult Mental Health Fiscal Partnering**

Fully developed system	Least developed system
The state-level child and adult mental health systems integrate their funding to finance transition services and/or have worked together to create policies that outline each system's financial contributions to services for Y&YA.	The state-level child and adult mental health systems finance services for Y&YA separately and there is no mechanism for identifying cost shifting or duplication of services.

	4 - Fully developed	3 - Almost there	2 - Midway	1 - Beginning	0 - Least developed	Don't know
Item 4.B Child and Adult Mental Health Fiscal Partnering	●	●	●	●	●	●

**Item 4.C Sustainability of Services and Supports**

Fully developed system	Least developed system
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There is a clear and feasible plan for sustaining fiscal support for the system of transition services over the long term and this plan is being fully implemented.	Concerns have been expressed at the state level about funding of services for Y&YA but no concrete plan of action exists.
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	4 - Fully developed	3 - Almost there	2 - Midway	1 - Beginning	0 - Least developed	Don't know
Item 4.C Sustainability of Services and Supports	●	●	●	●	●	●

*If you are unable to make a rating, please click "Don't know." There is space for comments at the end of this survey.*

**THEME 5—Access to Needed Supports and Services:** There is statewide capacity to provide the services and supports that promote successful transitions for Y & YA.

**Item 5.A Capacity for Individualized Planning**

Fully developed system	Least developed system
There is a statewide capacity to offer individualized transition planning to Y&YA in a manner that is engaging and developmentally appropriate.	Y&YA in this state do not have access to individualized transition planning or the planning that is available is not consistent with their needs and preferences.

	4 - Fully developed	3 - Almost there	2 - Midway	1 - Beginning	0 - Least developed	Don't know
Item 5.A Capacity for Individualized Planning	●	●	●	●	●	●

**Item 5.B Service / Support Access**

Fully developed system	Least developed system
Across the state, services and supports are available at the times and locations that are convenient for Y&YA.	Across the state, services and supports are mostly available at times and locations that are convenient to providers.

	4 - Fully developed	3 - Almost there	2 - Midway	1 - Beginning	0 - Least developed	Don't know
Item 5.B Service / Support Access	●	●	●	●	●	●

**Item 5.C Service / Support Availability**

Fully developed system	Least developed system
Across the state, Y&YA can access transition-related services and supports (e.g., housing, employment supports, peer support) without a long wait.	Across the state, transition-related services and supports are unavailable or can be accessed only after long delays.

	4 - Fully developed	3 - Almost there	2 - Midway	1 - Beginning	0 - Least developed	Don't know
Item 5.C Service / Support Availability	●	●	●	●	●	●

**Item 5.D Seamless Mental Health Care**

Fully developed system	Least developed system
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Across the state, Y&YA's mental health services are not disrupted or radically changed just because they reach a certain age (e.g. 18).	When Y&YA reach a certain ages (e.g. 18), their access to mental health care is interrupted or disrupted.
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	4 - Fully developed	3 - Almost there	2 - Midway	1 - Beginning	0 - Least developed	Don't know
Item 5.D Seamless Mental Health Care	●	●	●	●	●	●

**Item 5.E Continuity of Related Services**

<b>Fully developed system</b>	<b>Least developed system</b>
Across the state, other services for Y&YA (e.g., housing, employment supports, peer support) are not disrupted or radically changed when a young person reaches a certain age (e.g. 18).	When young people reach a certain age (e.g. 18), their access to transition-related services are interrupted or disrupted.

	4 - Fully developed	3 - Almost there	2 - Midway	1 - Beginning	0 - Least developed	Don't know
Item 5.E Continuity of Related Services	●	●	●	●	●	●

**Item 5.F Access to Peer Support**

<b>Fully developed system</b>	<b>Least developed system</b>
There is a statewide capacity to offer peer-delivered services and supports. Peer supporters have clearly defined roles, their activities are integrated with the system of transition services and they are paid appropriately.	Y&YA in this state do not have access to good quality peer-delivered services and supports.

	4 - Fully developed	3 - Almost there	2 - Midway	1 - Beginning	0 - Least developed	Don't know
Item 5.F Access to Peer Support	●	●	●	●	●	●

**Item 5.G Building Cultural and Linguistic Competence**

<b>Fully developed system</b>	<b>Least developed system</b>
The state devotes resources to developing or ensures access to services and supports that reflect the young person's cultural and linguistic preferences, and that are respectful of his/her personal and sexual identity.	The state has no organized or ongoing effort to increase community capacity to provide Y&YA with services and supports that reflect their cultural and linguistic preferences, and that are respectful of personal and sexual identity.

	4 - Fully developed	3 - Almost there	2 - Midway	1 - Beginning	0 - Least developed	Don't know
Item 5.G Building Cultural and Linguistic Competence Attachment 2: SSTI	●	●	●	●	●	●

**Item 5.H Access to Evidence-Based Services.**

Fully developed system	Least developed system
Across the state, evidenced based or evidenced supported programs are available for Y&YA. When needed, EBPs have been modified to make them engaging and developmentally appropriate.	Evidence based programs are not available to Y&YA or are available only to a few Y&YA or in a few parts of the state.

	4 - Fully developed	3 - Almost there	2 - Midway	1 - Beginning	0 - Least developed	Don't know
Item 5.H Access to Evidence-Based Services	●	●	●	●	●	●

**Item 5.I Outreach and Public Education**

Fully developed system	Least developed system
Across the state, outreach and public education strategies have been implemented to improve early identification of youth and young adults with mental health challenges.	Few efforts have been made to educate the public about the mental health needs of Y&YA or to extend outreach services.

	4 - Fully developed	3 - Almost there	2 - Midway	1 - Beginning	0 - Least developed	Don't know
Item 5.I Outreach and Public Education	●	●	●	●	●	●

**Item 5.J Services for problematic drug/alcohol use**

Fully developed system	Least developed system
Y&YA in this state have access to developmentally appropriate services for problematic drug/alcohol use, if needed.	Y&YA in this state cannot access services for problematic drug/alcohol use in a timely way and/or the available services are not developmentally appropriate.

	4 - Fully developed	3 - Almost there	2 - Midway	1 - Beginning	0 - Least developed	Don't know
Item 5.J. Access to Substance Use Services	●	●	●	●	●	●

If you are unable to make a rating, please click "Don't know." There is space for comments at the end of this survey.

**THEME 6— Accountability:** The state has implemented mechanisms to monitor the quality and outcomes of services for Y&YA with serious mental health conditions.

**Item 6.A State-Level Outcome Monitoring**

Fully developed system	Least developed system
There is a mechanism at the state level for reviewing data about outcomes and service utilization by young adults. This information is used as the basis for strategic planning and quality improvement.	Outcome data and data on service utilization are not available, or are not used for planning or quality improvement.

	4 - Fully developed	3 - Almost there	2 - Midway	1 - Beginning	0 - Least developed	Don't know
Item 6.A State-Level Outcome Monitoring	●	●	●	●	●	●

**Item 6.B Fidelity Monitoring**

Fully developed system	Least developed system
The state has a clear expectation that fidelity monitoring will occur for individualized transition planning and for evidenced based programs in the array of services and supports for Y&YA.	There is no state level expectation to monitor fidelity of either transition planning or evidenced based programs.

	4 - Fully developed	3 - Almost there	2 - Midway	1 - Beginning	0 - Least developed	Don't know
Item 6.B Fidelity Monitoring	●	●	●	●	●	●

**Item 6.C Satisfaction Monitoring**

Fully developed system	Least developed system
There is a systematic state-level process to monitor satisfaction with services for Y&YA and their families. Concerns and barriers have been identified and addressed.	There is no state-level process for monitoring satisfaction, satisfaction data are not used to make improvements.

	4 - Fully developed	3 - Almost there	2 - Midway	1 - Beginning	0 - Least developed	Don't know
Item 6.C Satisfaction Monitoring	●	●	●	●	●	●

**Item 6.D Disparities Monitoring**

Fully developed system	Least developed system
There is a systematic statewide process for identifying and addressing barriers in access, quality and outcomes for Y&YA based on racial, ethnic, sexual or other personal or cultural identities.	There is no statewide process for identifying and addressing these disparities.

	4 - Fully developed	3 - Almost there	2 - Midway	1 - Beginning	0 - Least developed	Don't know
Item 6.D Disparities Monitoring	●	●	●	●	●	●

Please describe one or two things (programs, activities, policy changes) that your state has done recently to improve services to young people with serious mental health disorders.

What are the most pressing challenges that your state is trying to solve for this population?

Do you have any additional feedback you would like to provide?

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**Thank you for taking the time to complete this assessment!** *Please click "next" to finish.*

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