

Attachment B: Screenshot of Task Force Recommendation for Birth Defects

The screenshot shows a web browser window displaying the Community Preventive Services Task Force website. The address bar shows the URL: <http://www.thecommunityguide.org/birthdefects/community.html>. The browser's menu bar includes File, Edit, View, Favorites, Tools, and Help. The website's header features the logo "The Guide to Community Preventive Services THE COMMUNITY GUIDE What Works to Promote Health" and the "Community Preventive Services Task Force" branding. A search bar is located in the top right corner. The navigation menu includes links for Home, Task Force Findings, Topics, Use The Community Guide, Methods, Resources, News, and About Us. The main content area is titled "Prevention of Birth Defects: Community-Wide Campaigns to Promote the Use of Folic Acid Supplements". It includes a sidebar with links for "Birth Defects", "Community-Wide Campaigns to Promote Use of Folic Acid", and "Supporting Materials". The main text discusses the importance of folic acid in preventing neural tube birth defects (NTD) and provides a list of recommended community-wide campaigns. It also includes a summary of task force findings and recommendations, a link to the task force finding and rationale statement, and a section for the results of the systematic review. On the right side, there are two boxes: "Get Email Updates" and "Contact Us".

[Home](#) » [Topics](#) » [Birth Defects](#) » Prevention of Birth Defects: Community-Wide Campaigns to Promote the Use of Folic Acid Supplements **Text Size: S M L XL**

Prevention of Birth Defects: Community-Wide Campaigns to Promote the Use of Folic Acid Supplements

If a woman has enough folic acid in her body before she is pregnant, it can reduce the risk of a pregnancy affected by neural tube birth defects (NTD). Community-wide campaigns to promote the use of folic acid supplements are designed to disseminate information to women of childbearing age or intending to become pregnant, regarding the use of supplements containing folic acid. These campaigns involve the dissemination of coordinated educational and motivational messages and materials within the community. Educational content can be delivered through:

- Mass media messages and articles
- Community activities and promotions
- Distribution of small media (posters, flyers, brochures, etc.)

The U.S. Public Health Service recommends that all women of childbearing age consume 400 micrograms (0.4 milligrams) of folic acid each day in order to reduce the risk of a pregnancy affected by a neural tube birth defect ([CDC](#)). The U.S. Preventive Services Task Force recommends that women of childbearing age take a daily supplement containing 400-800 micrograms (0.4-0.8 milligrams) of folic acid ([USPSTF](#)).

Summary of Task Force Findings & Recommendations

The [Community Preventive Services Task Force](#) recommends community-wide education campaigns to promote the use of folic acid supplements among women of childbearing age on the basis of sufficient evidence that these approaches are effective in increasing the number of these women who consume folic acid supplements.

[Task Force Finding & Rationale Statement](#)

Results of the Systematic Review

Birth Defects

Community-Wide Campaigns to Promote Use of Folic Acid

[Supporting Materials](#)

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