

Invitation Letter to *Current* NIH-AARP Cohort Members

Participant Name

Address

City, State, Zip

Dear _____,

We would like to ask you to participate in our newest evaluation called the NIH-AARP Computerized Lifestyle Interview by Computer Study or CLIC for short. This study asks you to complete up to four questionnaires about your diet and daily activities over a 24-hour period and information about your lifestyle and health history and diet over the past year.

The National Institutes of Health (NIH)-AARP Diet and Health Study was initiated nearly thirteen years ago. Based on the information you and your fellow study participants have generously contributed, we have been able to provide the public with valuable insights on the connections between diet and other aspects of lifestyle with health. Results from the study can be found on the AARP website at:

http://www.aarp.org/health/staying_healthy. We want to thank you for your continuing participation in the study.

To build on the success of the NIH-AARP Diet and Health Study, we would like to invite you to participate in the CLIC study that will evaluate a set of new computerized questionnaires we have developed, which will replace traditional paper questionnaires. If you choose to enroll in the CLIC study, you will be asked to complete up to four different types of computerized questionnaires over a period of 60 to 90 days. You may be asked to complete either a 24-hour dietary recall questionnaire that collects your dietary information during the previous 24-hours or a physical activity 24-hour recall questionnaire that records information about your physical activity type, intensity, and duration during the previous 24-hours. In some cases, you may be asked to complete both the dietary and the physical activity questionnaires. You will also be asked to complete two additional computerized questionnaires; one that collects information about various cancer risk factors you may have, including lifestyle factors and medical history, and another that asks you about your typical diet over the previous year.

We would greatly appreciate your participation in this study. To complete the new computerized questionnaires you will need an internet connection and an email address. Please access the internet and then type in the

Attachment 3-1 through 3-4: Initial and 30-Day Follow-Up Invitation Letters to New and Current Members following address: <http://xxxxxxxxxxx.xxx>. You will need to enter your special study code: **XXXXXXXX** in order to create your username and password. Once you have consented and enrolled in the study, you will be presented with your computerized questionnaire schedule. If you encounter problems registering or enrolling in the study, please send an email to: xxxxxxxxxxx@xxx.xxx. Your participation is completely voluntary and you may withdraw at any time.

You may also find additional information about this study, including new discoveries and current research projects, at our website: www.dietandhealth.cancer.gov.

Sincerely,

Arthur Schatzkin, M.D., Dr.P.H.
Principal Investigator

Invitation Letter to New NIH-AARP Cohort Members

Participant Name

Address

City, State, Zip

Dear _____,

We would like to ask for your participation in an evaluation study conducted by the National Institutes of Health (NIH) and the American Association for Retired Persons (AARP). This study is called the NIH-AARP Computerized Lifestyle Interview by Computer Study or CLIC for short. This study asks you to complete up to four questionnaires about your diet and daily activities over a 24-hour period and information about your lifestyle and health history and diet over the past year.

Since 1995, the National Institutes of Health (NIH) has been conducting an ongoing research study, called the NIH-AARP Diet and Health Study. Based on the information generously contributed by over 566,000 AARP members, we have been able to provide the public with valuable insights on the connections between diet and other aspects of lifestyle with health. Results from the study can be found on the AARP website at: http://www.aarp.org/health/staying_healthy.

To build on the success of the NIH-AARP Diet and Health Study, we would like you to participate in the CLIC study that will evaluate a set of new computerized questionnaires we have developed, which will replace traditional paper questionnaires. If you choose to enroll in the CLIC study, you will be asked to complete up to four different types of computerized questionnaires over a period of 60 to 90 days. You may be asked to complete either a 24-hour dietary recall questionnaire that collects your dietary information during the previous 24-hours or a physical activity 24-hour recall questionnaire that records information about your physical activity type, intensity, and duration during the previous 24-hours. In some cases, you may be asked to complete both the dietary and the physical activity questionnaires. You will also be asked to complete two additional computerized questionnaires; one that collects information about various cancer risk factors you may have, including lifestyle factors and medical history, and another that asks you about your typical diet over the previous year.

We would greatly appreciate your participation in this study. To complete the new computerized questionnaires you will need an internet connection and an email address. Please access the internet and then type in the following address: <http://xxxxxxxxx.xxx>. You will need to enter your special study code: **XXXXXXXX** in order to create your username and password. Once you have consented and enrolled in the study, you will be

Attachment 3-1 through 3-4: Initial and 30-Day Follow-Up Invitation Letters to New and Current Members presented with your computerized questionnaire schedule. If you encounter problems registering or enrolling in the study, please send an email to: xxxxxxxx@xxx.xxx. Your participation is completely voluntary and you may withdraw at any time.

You may also find additional information about this study, including new discoveries and current research projects, at our website: www.dietandhealth.cancer.gov.

Sincerely,

Arthur Schatzkin, M.D., Dr.P.H.
Principal Investigator

30-Day Follow-Up Invitation Letter to *Current* NIH-AARP Cohort Members

Participant Name

Address

City, State, Zip

Dear _____,

About a month ago, we sent you a letter asking you to participate in the NIH-AARP Computerized Lifestyle Interview by Computer Study or CLIC for short. This study asks you to complete up to four questionnaires about your diet and daily activities over a 24-hour period and information about your lifestyle and health history and diet over the past year. If you have already enrolled in the study we want to thank you for participating. If you have not yet had a chance to look at the study website and enroll, please consider taking the time to do it. Your participation is critical to the success of the NIH-AARP CLIC study!

The National Institutes of Health (NIH)-AARP Diet and Health Study was initiated nearly thirteen years ago. Based on the information you and your fellow study participants have generously contributed, we have been able to provide the public with valuable insights on the connections between diet and other aspects of lifestyle with health. Results from the study can be found on the AARP website at: http://www.aarp.org/health/staying_healthy. We want to thank you for your continuing participation in the study.

To build on the success of the NIH-AARP Diet and Health Study, we would like you to participate in the CLIC study that will evaluate a set of new computerized questionnaires we have developed, which will replace traditional paper questionnaires. If you choose to enroll in the CLIC study, you will be asked to complete up to four different types of computerized questionnaires over a period of 60 to 90 days. You may be asked to complete either a 24-hour dietary recall questionnaire that collects your dietary information during the previous 24-hours or a physical activity 24-hour recall questionnaire that records information about your physical activity type, intensity, and duration during the previous 24-hours. In some cases, you may be asked to complete both the dietary and the physical activity questionnaires. You will also be asked to complete two additional computerized questionnaires; one that collects information about various cancer risk factors you may have, including lifestyle factors and medical history, and another that asks you about your typical diet over the previous year.

We would greatly appreciate your participation in this study. To complete the new computerized questionnaires you will need an internet connection and an email address. Please access the internet and then type in the following address: <http://xxxxxxxxxx.xxx>. You will need to enter your special study code: **XXXXXXXX** in order to create your username and password. Once you have consented and enrolled in the study, you will be presented with your computerized questionnaire schedule. If you encounter problems registering or enrolling in the

Attachment 3-1 through 3-4: Initial and 30-Day Follow-Up Invitation Letters to New and Current Members study, please send an email to: xxxxxxxx@xxx.xxx. Your participation is completely voluntary and you may withdraw at any time.

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Sincerely,

Arthur Schatzkin, M.D., Dr.P.H.
Principal Investigator

30-Day Follow-Up Invitation Letter to *New* NIH-AARP Cohort Members

Participant Name
Address
City, State, Zip

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Since 1995, the National Institutes of Health (NIH) has been conducting an ongoing research study, called the NIH-AARP Diet and Health Study. Based on the information generously contributed by over 566,000 AARP members, we have been able to provide the public with valuable insights on the connections between diet and other aspects of lifestyle with health. Results from the study can be found on the AARP website at: http://www.aarp.org/health/staying_healthy.

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